

LAKE POWELL CRUISE TIPS/IDEAS/NECESSITIES

(Updated 7/2008)

(Note: many suggestions are more applicable to those **staying longer than one week** at Lake Powell.) These are suggestions that we (the Odells) have found work for us...they may not for you!

Note: Ron & I have not been to Lake Powell in since Sept. of 2005, so some of this information may have changed.

First of all, it is a good policy to leave a description of your boat, its name, CF #, your trailer's lic. #, your cell phone # and some Lake Powell contact phone #s with family/neighbor(s)/friend(s). Also, a description of your vehicle and license number. They should know the route you will be taking as you drive to the Lake (and your return), where you will be staying overnight, and an itinerary of the cruise. Lake Powell is part of Glen Canyon National Recreation Area: 520-608-6404 or 520-608-6200. **The National Park Service's emergency phone # is: 800-582-4351 (I talked with them on 8/10/06 & they assured me that you would call them first in case of emergency...they will, then, contact appropriate authority(s) via marine band radio).** While motoring on the Lake, we monitor **channel 68** on our VHF radios. There is a Ranger station at Dangling Rope Marina. Following are web sites for information on Lake Powell. Keep in mind that web addresses change, but these are current as of 7/2006. On each home page, click on & explore the various subjects/links (even though Waynesword is listed mainly for fishing, it is my favorite for other information as well...he also keeps it current):

...For Glen Canyon National Park (of which Lake Powell is part of): www.nps.gov/glca

...A great guide for fishing and Lake updates (he keeps it current!): www.wayneswords.com

...On Antelope Point (click on all the listings at the top):

www.azmarinas.com/antelopepoint/default.asp

...Also: www.visitlakepowell.com

DIRECTIONS FROM I-15 (NORTHEAST): Lake Powell is approximately 700 miles (12 hours give or take) from San Diego via Hwy. 15. At St. George, UT from Hwy. 15, take 9 to 59, to 389 to 89. Be sure to turn towards Page, AZ on 89 at Kanab. The Zion National Park route is **not** recommended when trailering a boat.

DIRECTIONS FROM EAST THRU YUMA & PHOENIX: Take I-8 east to Arizona Route 85 (at Gila Bend exit). Go north for approximately 30-35 miles to I-10. Go east on I-10 to I-101 north (outer belt around Phoenix). Follow I-101 around to I-17...go north on I-17 to Flagstaff. Just before you enter Flagstaff, take I-40 (northeast) around the east side of the city to Route 201 exit & go a short distance west on it till you reach Route 89. Then take Route 89 all the way to the outskirts of Page. (Route 89 will take you right up next to the Maverick Country Store/Gas Station mentioned below). Note: Before you reach the 89 business loop in the Page area, you will pass Hwy. 98....if you plan to launch at Antelope Point, this is the highway you will take to get there.

MAPS: **Stan Jones Lake Powell Country map** is a must as it provides both Lake and navigation information. The map can be purchased at the Map Centre, 7576 Clairemont Mesa Blvd. – 858-278-7887 or at most of the Lake marinas or surrounding stores once you reach the area. Best to purchase one before heading up the Lake. I recommend you get the laminated one, or have yours laminated. A series of maps appear in the **Lake Powell Magazine**. The magazine can be purchased at most marinas and stores in the Lake Powell area. It affords detailed sections of the Lake on several pages along with some interesting articles.

LAUNCHING: There are three (3) launch areas that VYC has used through the years. They are: Stateline, Wahweap and Antelope (the newest). There will be an entrance fee...if you are over 62 years old, apply for the one-time fee of \$50 for a **life-time Golden Age passport** which you can use all over the U.S. at most state & national parks for free entrance. The Golden Age pass can be

purchased right at the gate of any of the launches. However, there may be an additional fee if using the Golden Age pass....guess it applies since it is on an Indian reservation.

IF LAUNCHING AT STATELINE OR WAHWEAP: **Directions:** From I-15 or Phoenix, Highway 89 goes past the entrance to both of these ramps. If coming from I-15 route, you will pass their entrances from Route 89 before you reach the Glen Canyon Dam or Page...the opposite is true for the Phoenix route.

There is a **gas station with small store** located on Highway 89 near the turn into Stateline Launch. We have found that the gasoline is reasonable (compared to stations along the way). We have filled our boat gas cans there before driving on down to the launch area. They also have a hose in which you can fill your boat's water tank (no hose for drinking water). Bring a hose, however, if needed there or elsewhere to fill your boat from a faucet. This is very practical since it eliminates the weight of the gas and water while in transit. They also have Lake Powell maps, post cards & the Lake Powell Magazine along with a variety of other groceries & items. From this gas station entrance, you can access the Wahweap camp grounds as well. It is very reasonable and has wonderful facilities (we have used our boat as a "trailer" & stayed on the camp grounds). If you want to buy supplies from the water before heading on up the Lake, it is easier to go by boat to the Wahweap marina store.

IF LAUNCHING AT ANTELOPE POINT: **Directions:** From Utah (I-15 route): Use directions above and continue on Highway 89 across the Glen Canyon Bridge and on up crossing Lake Powell Blvd. Continue on Highway 89 to Highway 98. Turn left (east) onto Hwy. 98 and travel approximately 5 miles to the Antelope Point turn off. Be sure to advance to the public dock. You will park and set up your boat high on a cliff above the launch. Restroom facilities are available. Also, the Antelope Point marina has gasoline and a store on the water. In 2006, vehicles were broken into while parked in this location and valuables were stolen. It is more remote, so the security is not as good. Perhaps that has changed in the last two years.

From Phoenix route: Travel north on Highway 89 from Flagstaff. One mile south of Page is Highway 98...turn right on it and travel approximately 5 miles to the Antelope Point turn off.

GAS STATIONS & STORES: Other than the one mentioned above, **Maverik Country Stores/Gas Station** is located on the corner of Lake Powell Blvd. and Hwy. 89, as you enter the Page area after you go over the Glen Canyon Dam on Hwy. 89 and head up the hill. However, if you are coming up from Flagstaff you will be on Hwy. 89 and will run into it as your drive north. At this station, you can fill your boat tank with water from a hose located behind the station/store (take your own hose, just in case). The gas has been reasonable at this station in the past.

SHOPPING: Coming from the Glen Canyon Dam, if you turn left on Lake Powell Blvd. (heading into Page), you will soon find a Wal-Mart (not a super one) and a Bashas Supermarket on the right side of the road. **Wal-Mart:** 655 South Lake Powell Blvd., Page, AZ 86040 – (928) 645-2622.....**Bashas' Supermarket:** 687 South Lake Powell Blvd., Page, AZ 86040 – (928) 645-3291. Bashas' has everything you need (in 2005 they even has shelf milk...I found shelf milk at their location in Tucson this past spring...so, bet they have it in Page). Sign up for their free shopper's card (like Vons and Ralphs) and you will save a nice amount on your purchases. Coming from Flagstaff on Route 89, turn right on Lake Powell Blvd. to find the same stores.

There is a really nice **Wal-Mart Supercenter** in St. George, UT for you folks driving up I-15. It is located at 2610 S. Pioneer Rd., St. George, UT 84790 – (435) 674-0459. Take Exit 4 off of I-15 (you can easily see the Supercenter from I-15). There is also a **Wal-Mart gas station** at this location. (Another **Wal-Mart Supercenter** further up I-15 is at Exit 10: 625 W. Telegraph St. – Washington, UT 84780 (435) 628-2802.)

And, coming up on I-15, there is a good grocery store in Kanab, UT...they have practically everything you need in the way of supplies & groceries. It's called **Honey's Jubilee Foods**: 260 East 300 South, Kanab, UT 84741 (435) 644-5877. They, also, have had shelf milk in the past.

We have found it is best to buy much of our food and drinks in Page. Trailering all that weight is not advisable.

PLANNING: A great deal of planning is required to be adequately supplied for this trip, especially if you plan on staying more than a week. It is wise to take most EVERYTHING you would need for the duration of the trip...food, clothes, toiletries, linens, bedding, water, & all the odds & ends that may be needed. However, the Lake marinas offer most essentials that you may have forgotten or wish to add (at greatly inflated prices). In fact, we have found that in the last couple of years, the stores have greatly improved with a variety of food & other items. Lake Powell is around 182 miles long. After leaving Wahweap or Antelope Point, there are only four marinas on the Lake. The first one is 40 miles from Stateline Launch & is called **Dangling Rope**. The other three marinas are much further up the Lake. One-weekers should **not** be cruising to them. We normally stop every three (3) days at a marina...ice & water are the main reasons for the frequent stops (ice cream is close to the top of the list, also!!!)

Dangling Rope marina (& the other marinas) provide dump stations, recycle bins, gasoline, public restrooms (NO showers & NO laundry facilities), block & crushed ice, free drinking (potable) water from a hose (**you can fill your own containers**), water to fill tanks in the boat, a snack bar to purchase hot dogs and wonderful soft ICE CREAM (!), and a small grocery/supply store with the basics, but somewhat **limited & expensive**. Other than food, you can buy tee shirts, hats, maps, film, books, magazines, post cards, postage stamps, batteries, even mouse traps, and several other incidentals. There is a postal drop box in the store. There is a public pay phone (and a calling card only phone). I recall that in previous years we had trouble using the pay phone at Dangling Rope; so, a cell phone is helpful (if you can get reception!). None of the Lake's marinas had butane canisters. The propane canisters are very expensive.

FOOD & DRINKS: It is helpful to take food that does not need refrigeration. Freeze any of the food (meat especially) that needs refrigeration. Since the drive up is 1½ days, the frozen food will probably be thawed by the time you are launched & in the Lake, but it will be much colder than if it had not been frozen previously. There are no restaurants in the lower & middle part of the Lake (except at the Wahweap launch area & the hot dog/ice cream snack bar at Dangling Rope). Going up & down the isles at **grocery stores, Costco, Sam's Club, Trader Joe's, Wal-Mart, Target, Big Lots, Smart & Final, REI (Recreational Equipment, Inc.)** & many other stores, you will run across many good food ideas.

...**Thermos** – a quart coffee thermos is helpful...make your pot of coffee in the a.m., put the hot leftover coffee in the thermos & enjoy it throughout the day without having to turn on the stove to reheat.

...**Cooler** – invest in an **ULTRA COOL MARINE cooler** (@ Boat U.S., West Marine, Costco, Sam's Club, Wal-Mart & some other stores). They really do keep ice longer. We take two coolers...it all depends on your space. One cooler is in our boat's storage place for it & we keep food items in it. The other is for drinks.

...**Ice** – start freezing ice in a large container (Tupperware large bread holder or any large Tupperware or other **sturdy** plastic ware) **SEVERAL DAYS OR WEEKS** before the cruise...make sure the freezer is set at 0° or lower. Pick a container(s) that will freeze a piece of ice suitable to the size of your cooler & where you wish to place it in the cooler. Place ice in cooler **ON A GRATE** so it will not melt in its own water...the ice will last much longer. At the Lake, drain your cooler each day to keep the ice free of water. If you buy block ice at a store, then buy it several days before your departure & stick it in your much colder freezer at home. Place as many blocks of ice as you can in each cooler, of

course, allowing room for items that need refrigeration. For drinks, only place a few in to start & then replenish as you use them up. Some have stated that you can even use bubble wrap in the top of the cooler so that it is stuffed full (especially during the drive up to the Lake)...tends to make the ice last longer.

...**Ice Grate** – Some folks have made wood grates to fit in the bottom of their coolers. We have found three alternatives: **1)** Ron purchased white “egg crate” lighting panel/ceiling grate/grille at Home Depot (Dixieline & Lowes, too). He cut them down to fit the bottom of the cooler – **two per cooler**, stacked on top of each other. On each grate, he cut out a small opening by the spout so that we can siphon out the water with our little pump (ask us to see this method & the pump). **2)** There is a Stacking Shelf made by Next Generation that can be found at Target (and similar brands at other such stores, I am sure). In fact, Wal-Mart carries one by Mainstays Home called a Wire Stacking Shelf (a small size and a large size). These shelves can be “folded” down if you want your ice to sit in the bottom part of the cooler (there will be about 1½” clearance). Or, they can be opened up, placed in the cooler with the ice on top of the shelf (this is good for canned drinks sitting in the bottom of the cooler in the cold melted water from the ice). They come in a couple different sizes. You will find them in the aisle where dish drains & Contact liner paper is located or in housewares. **3)** Hold-It (located at 1570 Camino De La Reina, San Diego, CA 92108 - across from (north of) Mission Valley Shopping Center in Mission Valley – phone # 619-295-6660): The store has a non-folding dish rack made of sturdy plastic that can be used as an ice grate in your cooler (I assume they still carry such a dish rack...haven’t been there for a few years).

...**Drinking Water Containers** – The 2½ -gallon water-filled containers from Costco and other stores are bulky & I have had a problem with the spout coming open during transit & water leaking out. And, they can **NOT** be refilled at the marinas. The gallon-sized water you buy in stores is smaller & easier to pack & carry. You can keep using them by refilling them with potable (drinking) water at the marinas. Some folks have frozen the water in these gallon containers (removing ample water first to allow for expansion in freezing) before the cruise, however, I have had bad luck doing that since many of them have split during the freezing process & then leak as they melt...the plastic is not heavy-duty. So, try to find sturdy gallon containers if you plan to do the freezing. A helpful hint on the gallon containers: be sure they have a screw-top lid and not a snap-type lid (avoid possible spillage). What has worked best for us is a **2-gallon cylinder-shaped Igloo drink cooler** with a spout at the bottom and a wide opening at the top. Each time we stop at a marina, we fill it with potable water. I also buy & take two 1-gallon bottles of water...can refill them at the marina with potable water as well.

...**Meat:** – I buy a couple chicken breasts and two steaks well before we make the trip. I wash & prepare them (sometimes with marinade), then put them in freezer baggies and freeze them for several days before we leave. I also make up a couple of hamburgers and freeze them as well. I buy polish sausage at Costco & cut it in serving sizes and freeze two or three baggies of it. Also, freeze lunchmeat & hot dogs if you plan to take them. Then, plan your menu to use the chicken, steaks & hamburger the first nights you are there. Some cruisers cook their chicken and pork chops at home, then freezes them...they keep longer than the raw meat.

...**Shelf milk:** – We used to be able to buy a brand of shelf milk called Parmalat. However, I have not seen it in grocery stores around here recently. However, look for a different brand at grocery stores, but I have not found any in the San Diego area. I recall that shelf milk was sold in the Honey’s Jubilee store in Kanab and, also, in Bashas. This milk does not have to be refrigerated until opened; **however**, do look at the EXPIRATION DATE on the box. In 2005, Bonnie was able to purchase a different brand at Statler Brothers store. Powdered milk is an alternative.

...**Tuna Helper:** – buy the Creamy Pasta flavor (we have tried the others and they are not as good) – it calls for water, milk (use the shelf milk or powdered milk), butter/oleo (can be eliminated), and a can of tuna. Other **pasta mixes** in boxes or envelopes are great...can be mixed with canned tuna or canned chicken.

...**Canned Goods:** - Many canned goods now come with “peel-away” lids...these are convenient when cruising.

...**Canned Tuna:** I buy the solid white albacore in water at Costco or Sam’s Club. I think it comes in 8-can packs. **Canned Chicken Breast:** buy at Costco or Sam’s Club (in 4, 5, or 6 can packs). Both

of these canned meats can be mixed with pasta & sauce mixes, vegetables, eaten plain or used for sandwiches...they are quite good & no refrigeration.

...**Canned Roast Beef**: (Also, no refrigeration) Hereford brand at Costco in 4-can packs. Can be mixed with plain cooked pasta; also, drained & mixed with: barbecue sauce or canned Manwich; or spaghetti sauce; etc.

...**Lettuce**: – You can buy a small package of cut up lettuce for salad and it will keep well until you open it. Then, you will need to use it quickly. You will find that some of the leaves are big enough to go on sandwiches. I buy it in Page right before we launch & **don't** open it until I use it on the Lake. I look at the **date** on it for use & make sure there is plenty of time before expiration. I buy a couple of small bags & have salads every day during the first part of the cruise. (Use green bag for storing opened lettuce...see below.)

...**Bacon**: You can buy premium-cut real bacon that is fully cooked called Ready Crisp (40 slices – two-20 slice pouches at Costco). It needs no refrigeration until opened...open, use & refrigerate one pouch at a time...**Beef or Turkey Jerky** are good snacks and can be bought at Costco or Sam's Club in re-zipper bags. In fact, there are multitudes of snack items at Costco or Sam's Club...go up and down the isles and you will find many goodies.

...**Pancake mix**: – Buy Krusteaz brand buttermilk pancake mix in a bag or box. ALL YOU NEED TO ADD IS WATER! Don't forget the syrup!

...**Cheese**: – I have found some great **monterey jack & cheddar 1 oz. cheese sticks** at Costco. They are made by Precious & are called Sticksters. They are located in the cooler close to the milk. I like that they are individually wrapped, all natural cheese and easy to open.

...**Eggs**: – At home, you can crack the eggs & place their contents into a Tupperware container & place in your cooler. **The yolks won't break**. I take several small Tupperware containers with contents of two or four eggs in each. The Tupperware small plastic cups with lids work well.

...**Potatoes**: – Buy canned, sliced potatoes. They are already cooked & ready to put in the fry pan. Also, you can buy flavored, instant mashed potatoes in one-serving sized containers. All you do is add hot water. There are, also, 4.5 oz containers (the containers are shaped like small milk cartons) of home-style hash browns (made by Nonpareil). I have bought them at Costco...gotta be sure to follow directions: ADD THE WATER!!! When you do that, they are quite good (adding a little onion makes them really special!). Scalloped potatoes in boxes from your grocery store are good, too. For whole potatoes, there is a microwave oven at Dangling rope...so, you can have your potatoes ready for micro-baking & sneak them in the oven (they cook while you enjoy ice cream!).

...**Soups**: – Like the mashed potatoes, they can be bought in lightweight containers...your peel back the lid and add hot water. Also, Maruchan makes lightweight tubs of what they call "Instant Lunch" in different flavors...just add the hot water.

...**Salad dressing**: – A couple of years ago I bought a box of non-refrigerated individual packets of Ranch & Italian dressing at Smart & Final. There were 24 packets in the box...I don't know if they still carry them or not. BTW, Smart & Final has some good items for the trip.

...**Cooking spray**: - (such as Pam) – Good for cooking and the grill.

...**Oleo**: – I like the 12 oz. Parkay Squeeze plastic bottle. It is easy to use (on pancakes!) and stores more easily in the cooler.

...**Debbie Meyer Green Bags**: These are great to store fruits & vegetables in...they stay fresh longer & the bags are re-usable. You can buy them at Bed Bath and Beyond, Linens n' Things & other stores as well. Carol Stringer bought **Evert Fresh Bags** at West Marine...they work the same way.

...**Don't forget**: salt, pepper, other spices packets of coffee creamer, sweeteners, mustard, catsup, jelly, honey. A jar of peanut butter comes in handy.

CABIN IDEAS: Stores like Bed Bath & Beyond, Linens n' Things, Hold-It, The Container Store, Home Depot, Lowes, Harbor Freight, REI, Target, Wal-Mart & RV/Camping/Boat stores have a bevy of ideas on storage, other needs, etc. Plan your menu, then go over it & pack the utensils & cooking pots & pans you will need to prepare your food.

...**Paper Towels**: – I bring several rolls...use them in place of napkins, and, of course, for clean up, etc. They are good for wiping out pots, pans, silverware & plates before washing them. The best

paper towels to buy for cruising are Bounty Select-a-Size...you can tear off a small piece or any size larger.

...**Soap Dispensing Sponge Dish Brush**: –These are great to wash dishes...put soap in the handle & wash dishes using sponge attached at the end (uses up very little soap)...then, you only need a container to rinse the dishes. There are different makes...I have bought the Oxo brand at Bed Bath & Beyond; also, dish sponges are available at Linens n' Things, Wal-Mart, Target and even at grocery stores. Also, you can buy replacement sponges for them. These are really great!

...**Collapsible Crates or Laundry Baskets**: – These are excellent containers – there are no lids to open, so you can store them in the back part of the boat or in tight areas & not have to tangle with lids. You can also use different colored one(s) to store food, clothing, linens, etc. by color. Collapsible crates are good...collapse for compact storage when not in use.

...**Non-skid Rug Liner**: - If you are using just one side of the bed located under the cockpit/stern for sleeping, you could leave the mattress for the other side at home. Buy **rug liner** and cut to fit that area where the mattress used to be. The rug liner keeps the items you store in that area in place.

...**Vinyl Life Jacket Container & Plastic Blanket/Linen zippered bags**: - Any of these types of bags are great to store clothing, linens, etc. I use a life jacket container in my cabinet under the stove to store my pots, pans, cookware, etc. I can keep it zipped shut to keep the contents clean. I put extra blankets, beach towels, tee towels, pillow cases, etc. in the large, clear plastic zippered bags...are easy to identify (save such bags from purchase of blankets, comforters, etc.). In the laundry and/or storage section of Wal-Mart, you can buy heavy/durable clear plastic bags for storage.

...**Suction-Cup Small Containers**: - in various sizes and colors (they are available at most stores) they stick to smooth walls and are great for storing small items. You can move them around...they are not permanent. Some have Velcro backing if you want them in a permanent place. In our boat, we have a couple that Ron screwed into the wall of the boat.

...**Candle in Container**: – We take a large candle in a glass container with a lid; one never knows when their battery may run down – the scented ones are, also, just nice to burn inside & outside for atmosphere & to eliminate use of lights. Don't forget **flashlights**.

...**Curtains** – Buy self-adhesive hooks & put them about an inch from the end of the window at the top on both sides. Buy the (measure – buy right length) small cylinder curtain rods that can be twisted to make them shorter or longer. With our 26X, I used this method to cover the windows: I hung my dishtowels, lengthwise, over the rods at night for privacy and, also, to dry them! The towels and rods can be easily removed through the day. In our Hunter, I bought outdoor canvass at JoAnn Fabrics & cut it with pinking shears to the proper size to fit our windows (no hems needed...it does not ravel). At the top on each end, I sewed on Velcro (**be sure to use the Velcro for sewing NOT the self-adhesive**). Then, I took the self-adhesive Velcro & stuck a circle of it (it comes in about 1½" circles at JoAnn F.) on either side of the windows. When we want privacy or to keep the sun out, I quickly stick up the curtains; when not needed, I store them in a handy place (come on *Buckeye* & I will show you the curtains & the storage container Ron put up for them). The same idea can be used for making a canvass cover for the entry hatch.

...**Screening**: – Charcoal Fiberglass Insect Screening can be bought in rolls at Home Depot. Cut proper size to cover your entry-way hatch to the cabin; sew binding along all sides; sew **NON**-adhesive Velcro at each corner & put adhesive Velcro on the inside corners of the hatch (& along the sides if you wish). Put up when you want to keep the flies, etc. out and want ventilation. You can make one to fit your bow hatch, too. You can modify this concept; for example: make a large screen piece to cover the top & entry of your hatch. Put weights in some of the sewn-on binding. Throw it over the entire opening...the weights will keep it in place (Kathy Thompson has done this & it works quite well – she purchased mosquito netting which works better than the insect screening.).

...**Entry Hatch**: - Also, you can buy an expandable curtain rod (the one with the spring & screw inside that you adjust to fit the opening)...a size that will fit the top part of the entry. This is good for a quick cover-up of the cabin hatch entry: hang a beach towel over the rod for privacy. Also, I cut off the bottom of a shower curtain leaving it long enough to drag out into the cockpit a bit. I use shower curtain rings and hang it on the curtain rod for privacy and also when it rains.

...**Bucket:** - Have a bucket on board for various uses. When emptying the water off your cooler it comes in handy. You may need to wash out some clothes; so, the bucket can be used for that. You can tie a rope to the handle of the bucket & draw water from the lake to use for washing. Don't forget the **laundry soap**. The Boat Store on the corner of Rosecrans and Midway has a heavy-duty collapsible bucket.

...**Plastic Folding Dish Rack:** made by Progressive International Corp...opens to form a dish rack with an area for silverware & a base to catch drippings from dishes (at Hold-It, in the catalog at West Marine; at Camping World & other camping supply stores).

...**Cutting Board:** – now available are bendable/pliable ones that are very strong & nearly paper thin. They are very lightweight & take little room to store. Many grocery stores carry them and so does Bed Bath & Beyond.

...**Colander/Strainer:** – you will need this if you plan to make pasta, etc. & need to drain it.

...**Small WHISTLING Teakettle:** – helpful for heating water for dishes/cooking.

...**Trivet(s):** – I have two tile trivets in wood holders that I use a lot to place my hot coffee pot and/or hot pots & pans near stove or on the table.

Don't forget: a **can opener**; **spatula(s)**; **small paring knife**; **large spoon or such** for stirring; **tongs** are helpful on the grill & for turning things on the stove such as toast on a **camp toaster**; **long fork** for turning things on the grill; **pot holders/mitt**, **bag twist**ers or **clips**.

EXTERIOR NEEDS & IDEAS:

...**Wood:** – If possible, each cruiser should bring a little bundle of wood or some Duraflame (or other brand) fire logs.

...**Rat/Mouse Guards:** – use a plastic paint can lid (buy at Home Depot or Lowes), drill a hole in the center that will fit snuggly on a line, then cut a slit from the hole to & through the edge of the lid. When beaching or rafting-up where lines are secured on shore, these are musts to keep the “tight-rope performance” of rodents from occurring! Bring along 2 or 3, & write your name on them with permanent ink felt pens. We, also, bring a small **mouse trap** & some **glue traps**.

...**Heavy-Duty Stakes:** – needed to secure bowlines to the shore & lines from the sterns of those boats on each end of the raft-up. Contact the cruise captain on type & where to purchase. Bring at least two of them. A small **shovel** is helpful. Also, a **small sledge hammer** for driving in the stakes is needed.

...**Anchor(s):** - quite often needed to help secure boat to shore when beached.

...**Lines:** – have a couple of long (min. of 50' – at least one should be 100'), sturdy lines on board.

...**Dock Lines:** - For securing your boat to the boats on your port and starboard.

...**Fenders:** - Needed when docking at marinas.

...**MOB Life Ring:** - Mounted on exterior of boat.

...**Bow Ladder:** – **ESSENTIAL** for Lake Powell cruise since we beach our boats bow first. Contact the cruise captain or Murv on how to construct one. Also, a **sturdy crate** (with an old cushion on top) is helpful to step on before bordering the ladder.

...**Carpet for Bow:** – this is another must for Lake Powell...have a piece of carpet to place in the point of the bow to wipe your feet as you enter the boat from the bow ladder...lots of sand on your shoes/feet.

...**Bimini or Sunshade:** – one of these is a **MUST** for Lake Powell. Many members have made theirs from tarps, PVC piping or wood and fit them over their boom tying them down on the life lines and stern pulpits. Even if you have a bimini, you would be smart to bring along one or two plastic tarps with grommets along the edges. These are used in areas the bimini does not cover. Bring bungees and/or line to secure them to the boat.

...**Dinghy with Small motor:** – much of the fun at Powell is exploring the narrow canyons (where our boats can't go) in the afternoon after we have beached our boats.

...**Folding Chairs:** – **MUSTS** for sitting on beach for nightly captains' meetings & around the campfire.

...**Folding small Table:** – quite optional, but nice to use on the beach and at the campfire.

...**Floating Tubes or Hammocks or the such:** – fun for relaxing in the water in the afternoon.

MISCELLANEOUS:

...Don't forget your **boat's registration** & a copy of the **insurance policy**. You'll need the **registration for your dinghy**, too. Also, other instructional literature about the boat and contents.

...**For Your Boat Trailer:** - Ron carries a grease gun, extra bearings, etc. Check with one of the "seasoned" Lake Powell cruisers for what extras should be taken for possible trailer maintenance. Obviously, you will want at least one extra tire for your trailer.

...**Gas tank lid** - One year we filled our truck gas tank just before we parked it at the Stateline parking lot at Lake Powell. When we returned after being on the lake for several weeks, we found our gas tank nearly empty. We have since purchased a gas tank lid **that locks**.

...**Tool Box:** - Also check with members who have made many cruises as to what they take in their tool boxes for use and emergencies.

...**VHF radio** - the Club monitors 68 while cruising...almost a must to keep in touch...even having an extra handheld VHF radio is good. We, also, have two-way radios along...nice to communicate with each other when short distances away.

...**GPS:** - Not necessary for Powell, but handy for other cruises. Powell is a good place to practice with your GPS...get way points from Murv.

...**Boat Battery(s):** Having two marine batteries is ideal. Make sure you charge them at home before your cruise.

...**Foul Weather Gear:** If you are ever in a Lake Powell storm (especially when moving on the water), you will be grateful for weatherproof gear (even boots) for the wind and rain will be a bear!

...**Mesh Bag:** - a sturdy, large mesh bag is good to place canned soda & bottled water in lake water to keep it cool; also, good to wash or rinse clothes by "dragging" them behind the boat while moving.

...**Clorox Disinfecting Wipes:** - great for clean ups and they sanitize, too.

...**Mr. Clean Magic Eraser:** These are excellent to have on board to clean most anything. They work well on vinyl cushions, counter-tops, even on an inflatable dinghy.

...**Fuel Canisters:** - take plenty of them for your stove and grill - propane canisters are very expensive and not always available at the small stores at the marinas. I have never seen butane tanks at any of the marina stores. Butane tanks can be purchased at Smart & Final...also at a booth at the Kolby Swap Meet (weekends at Sports Arena on Sports Arena Blvd.).

...**Sun Shower:** - from West Marine or camping sections of stores, you can buy a sun shower which consists of a heavy-duty, clear (on one side) plastic bag that you fill with water & lay on the bow of your boat through the day so the sun heats it up. It has a plastic hose with shower spray head that can be clipped on & off. At night (or whenever!), you stand in shallow water, hang the shower bag from the side of the boat & take your warm shower!

...**Soap:** - Best to buy **biodegradable soap** ("BioSuds" or Dr. Bronner's Magic Soaps) at REI (5556 Copley Dr. parallel to I-52 between Convoy and I-805 - phone: 858-279-4400). Dr. Bronner's soap can also be bought at Henry's. Take a bar of Ivory, or floatable soap if you plan to bathe in the Lake. Also, with limited water available in our cabins, I take along a large pump dispenser of **non-water hand sanitizer & a box of wet wipes**.

...**Lighter:** - may come in handy (almost necessary) to start a stove, a campfire, a grill & a candle. We bring along the kind that is sold in the grill section of a store.

...**Quarters & Dimes:** - take a roll or so of each on your cruise for phone calls, drink machines, etc. Always good to have extra change on hand.

...**Batteries:** - Check your flashlights, GPS, handheld radio, radios, etc., etc. and take along plenty of extra batteries to accommodate all your gadgets.

...**Non-skid material:** - found in rolls at almost all stores - great to put in your galley (and elsewhere) here and there to keep stuff in place.

...**Address labels:** - If you plan to send post cards, type or print up the addresses on self-stick labels at home before you make the cruise. Also, go to the post office and buy some **27-cent post card stamps** before your trip. You can buy picture post cards at the marinas.

...**Water Hose:** - good to have just in case (have needed ours before launching to put water in our boat tank & at Hall's Crossing).

...**Flares**: – make sure you have three or more flares that have **NOT** expired (look at dates on them).
...**Life Jackets**:– make sure you have one for each person aboard. You may want to take extras to keep in the dinghy.
...**Fire Extinguishers**: – must be aboard and **current**. You should have a small one for your dinghy.
...**First Aid Kit**
...**Foam Ear Plugs**: - These may be useful for sleeping if we raft near party house boats or those who run their generators non-stop!

MISCELLANEOUS SUGGESTIONS: binoculars – camera/film/camera battery – fly swatter – clip clothes pins (hang towels, etc. on lifelines) – laundry bag for dirty clothes – **SUN SCREEN** spray/lotion & lip balm - some good books & reading material! – scissors – small sewing kit – safety pins – masking tape – duct tape – pot holders/mitt – can opener – foil/saran wrap – various sizes of baggies – funnel – silicone lubricant spray – WD-40 – plastic trash bags - extra eye glasses – eyeglass repair kit - any keys (vehicle/motor locks, etc.) extra Kleenex and toilet paper – paper plates/cups/bowls – liquid deodorant for portable toilet – dust pan & brush – spray cleaner

After launching your boat and parking your vehicle, check the vehicle and make sure everything is turned off (no dead battery to come back to!). Is vehicle locked? Good to have Club on steering wheel. Put a lock on the vehicle-to-trailer hitch. If not locked to your trailer, put your spare trailer tires in your vehicle. Put sunshade in windshield.

[Don't forget your VYC burgee!!! An American flag is nice, too.](#)